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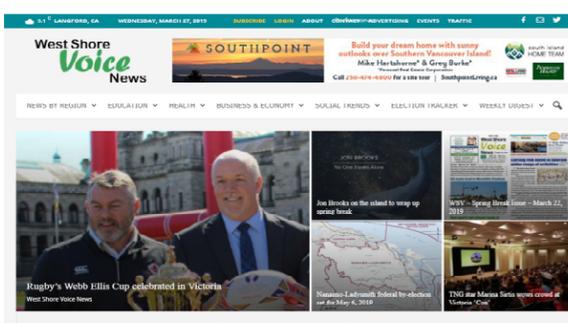
Week #427

West Shore Voice

News 4 pages this issue

WEST SHORE VOICE WSV ISSN 2368-9374 Vol.4 No.21 SVN ISSN 1925-2722 Vol.9 No.10

Weekend news digest
Published by Brookline Publishing House Inc



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Treasured rugby trophy showcased at BC Legislature

West Shore Voice News

Friday, March 29, 2019 RELEASE DATE MARCH 30, 2019

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Measles surfaces on Vancouver Island: two cases announced March 29

West Shore Voice News



Health Minister Adrian Dix
[file photo Oct 2018]

● **Two cases of measles infection have been reported to Island Health**, it was announced March 29 by Dr Richard Stanwick, Chief Medical Health Officer, Island Health.

Both adults acquired the infection while traveling abroad, specifically to Vietnam. Both sought care in the south island region — one at Royal Jubilee Hospital (March 6, 8 and 9) and the other at a private physician's office.



Dr Richard Stanwick, Chief Medical Health Officer, Island Health

Dr Stanwick said that both the infected adults had different or lesser symptoms compared to full-blown or typical measles.

Protocols have been followed for contacting others who may have been exposed or could be at immediate risk through contact with the two infected adults, says Stanwick. He told media that he's surprised it has taken this long for measles to reach Vancouver Island, given how much people travel and the degree to which there is less measles immunization in the population than hoped.

Stanwick encourages immunization, so that the risk of transmission becomes extremely low. Anyone born before 1970 is considered to have natural immunity based on probably having had the disease. Anyone who has just one MMR vaccination on record is asked to consider getting the second shot.

If a person contracts measles even with having had one MMR immunization shot, this can lessen the chances that they will pass it on to others, says Dr Stanwick. Those who never had the measles infection, or who did not have two doses of vaccine, are at highest risk.

"Measles scares me," said Dr Stanwick. Ear infections and blindness can result. As a long-time physician, he says 35 years ago he was dealing with 100 cases of measles in northern Manitoba; one of those cases included brain swelling with serious outcomes.

Measles is a highly contagious disease. The virus can survive in small droplets in the air for several hours, spreading easily through the air when an infected person breathes, coughs or sneezes. But symptoms may take up to 21 days to emerge: fever, runny nose, sore throat, cough, diarrhea and red eyes (and sensitivity to light), followed a few days later by a rash that starts on the face and spreads to the chest. It can lead to infections of the ear or lungs (pneumonia). More serious complications (1 person in 1,000) include encephalitis, an inflammation of the brain which can lead to seizures, deafness or permanent brain damage. About 1 in 3,000 persons can die. <https://immunizebc.ca/measles>

Intending to increase the rate of immunization back up toward the desired 95% of the population (the rate had fallen from 88% a few years ago to 82% by 2018), there is a 'catch up campaign' with a new immunization reporting process to be undertaken by schools across BC starting April 1. "We want to do as many (immunizations) as possible then get a report on how successful it is," said Dix on March 20. BC Health will want feedback from school districts on May 1, June 1, and July 1, ahead of a new mandatory reporting system coming September 2019. [See pgs 1 & 4 in March 22, 2019 print/PDF West Shore Voice News or online at <https://westshorevoicenews.com/measles-immunization-encouraged-through-schools-starting-april-1/>]. As of March 22, there were 20 known cases of measles only on the mainland; the island cases were as yet unconfirmed or undisclosed.

If a person develops measles symptoms, they are advised to contact a health care provider ahead of time (e.g. by phone, text, email) before arriving in person, so precautions to prevent transmission of measles to others can be taken.

Measles immunization is free for everyone. The shots are available at health units (additional appointments available for school-age children including after hours and Saturdays), doctor's offices, pharmacies (for anyone over age 5), and travel clinics. Measles info line for the South Island: 250-544-7676 ext. 27545.

Pregnant women, people who are immune compromised, and infants under age one are at high risk for severe illness with measles. They can also get a medicine called immune globulin that reduces the risk of severe illness if given within six days of exposure. Measles mumps rubella (MMR) vaccine given within three to six days of exposure also provides some protection.

Two doses of measles vaccine are 99% effective. One dose is 95% effective. If fully immunized and a person still gets measles, it will be milder and less infectious to others. Measles immunity is not passed along through breastmilk.

In the past 4 weeks Island Health has administered a total of 2,966 measles vaccinations (more than double the previous year). Island Health also offers to catch up all vaccines that the client is behind on. **WSV**



Lisa Beare, Minister of Tourism, Arts and Culture, with excitement about rugby, at the podium on the BC Legislature lawn March 26.

● **The Rugby World Cup 2019 Trophy Tour** brought the iconic Webb Ellis Cup to Victoria and the BC Parliament Buildings on Tuesday March 26.

Youth who are learning the game with BC Rugby tossed around the rugby ball for two hours on the lawn out front of the BC Legislative Buildings, ahead of a formal acknowledgement of the cup by Premier John Horgan and other VIPs.

The trophy was proudly showcased, but by tradition can only be touched by players on the team that wins it. The Rugby World Cup 2019 Trophy Tour started in Victoria and Langford, followed by visits to Vancouver and Toronto during the rest of this week. The Cup then stops in South America before heading to Japan in June, 100 days ahead of the third-largest sporting event in the world.

The ninth Rugby World Cup (RWC) – September 20 to November 2 – represents the first time the tournament will be hosted in Asia.

Canada claimed the 20th and final spot in the Rugby World Cup 2019 in November 2018 in France. Canada will compete against Italy (Sept 26), New Zealand (Oct 2), South Africa (Oct 8) and Namibia (Oct 13) in Pool B in various cities around the country. Canada's Men's Rugby Team has attended every RWC dating back to the tournament inception in 1987.

Premier Horgan as well as BC Minister of Tourism, Arts and Culture Lisa Beare and World Rugby Hall of Fame inductee Gareth Rees addressed the crowd on Tuesday, about the iconic trophy and recognized the accomplishments of the World Cup-bound Men's XV team and the HSBC Canada Sevens.

The fourth annual HSBC Canada Sevens wrapped up competition at BC Place in Vancouver March 9 and 10, an event that attracted almost 74,000 fans over the two-day tournament. The HSBC Canada Women's Sevens comes up on Mother's Day weekend, May 11 and 12 at Westhills Stadium in Langford. That will be the second-to-last stop on the HSBC World Rugby Women's Sevens Series; third-ranked Canada will fight to secure Olympic qualification with the home field advantage. <https://www.canadasevens.com/womens/tickets/>

"I'm so proud of the work that Canada has done – not just with Sevens – but of course we're going to the World Cup in Japan in September," said Horgan.

"It's really important for us, the support we get here. Not only to run our programs but to be able to hold big events that attract new kids and new families to the game," said Rees, who is a veteran of four Rugby World Cups. **WSV**

Construction continues at Westhills Stadium

West Shore Voice News

● **In a race against time**, reconstruction of Westhills Stadium in Langford to include more bleachers is still underway ahead of the Pacific FC launch on April 28, and Women's Rugby Sevens mid-May. >>



Construction zone, March 27

Adding 107 hectares of new land to BC parks

West Shore Voice News

● **British Columbia has 1,033 provincial parks**, recreation areas, servancies, ecological reserves and protected areas covering more than 14 million hectares, or approximately 14.4% of the provincial land base. Proposed amendments to the Protected Areas of British Columbia Act will expand BC's parks and protected areas system, adding approximately 107 hectares of new land to six existing Class A parks, it was announced March 25. All the proposed additions are the result of private land acquisitions on the mainland (including Cariboo, Sunshine Coast, Kootenays, Okanagan, and Castlegar), with none on Vancouver Island. List of protected parks: www.env.gov.bc.ca/bcparks/about/park-designations.html **WSV**

EDITORIAL

WSV EDITORIALS ADDRESS TIMLEY TOPICS OF BROAD SOCIAL INTEREST

Would you ride with just anyone?

West Shore Voice News

Editorial



by **Mary P Brooke**
Editor & Publisher

● **A tug-of-war** over the slow progress of bringing ride-hailing services to BC continued this week. Legislation was first introduced in November 2018. This week a government committee delivered recommendations to the Minister of Transportation and Infrastructure (MOTI) that overall would facilitate a green light for allowing ride-hailing in this province.

But there's a continued stalemate over the issue of whether ride-hailing drivers can just use their regular Class 5 Driver's Licence to hop behind the wheel, or whether additional training (Class 4 Commercial) is required.

Premier John Horgan and MOTI Minister Claire Trevena say it's about safety. Would you ride with just anyone? What is the person's driving skill level? How professional are their customer relations? If something untoward happens when you're in their car, how would that be addressed?

From an NDP government that protects the rights of workers, there is also the issue of protecting the taxi industry, which abides by a range of regulations that would see taxis undercut by free-wheeling services like Uber or Lyft.

Meanwhile, a Surrey-based tech company called Kater Technologies Inc is doing a phased launch of a new service in cooperation with the existing taxi industry while bringing advancements to the consumer. Kater achieved a deal last year with the Vancouver Taxi Association to secure 140 taxi licences for the tech company's own fleet of vehicles. Kater has purchased its own fleet of cars and is employing its own drivers who must possess the more advanced Class 4 driver's licence (i.e. for driving taxis, limousines, ambulances, and vehicles equipped for people with disabilities). A mobile app is required to hail Kater vehicles, which creates a new pool of users which benefits both the new provider and the taxi industry that has given them room to operate.

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Two observations here. First that our society is so drunk on technology and instant conveniences that people will turn a blind eye to using services that could do better about protecting them as passengers. And, that as the economy evolves, there must be respect and attention to the impact on those still making a living with traditional business models. Responsible growth is evident in both matters -- an approach the Horgan government seems firm on maintaining as they guide BC forward. ■

Parents kept from knowing teen's health records, coroner holding public inquest

West Shore Voice News

● **The BC Coroners Service** has scheduled a public inquest into the death of Elliot Cleveland Eurchuk, beginning June 17, 2019 at 9:30 am at the University of Victoria (Dispute Resolution Room, Fraser Building).

Eurchuk, 16, died on April 20, 2018 after being found unresponsive on his bed at his family's home in Oak Bay. He had become addicted to prescription painkillers, but his parents didn't know and say they would have acted in their son's interest had they known. Under BC's Infants Act, persons age 16 to 18 are treated as adults for health care (under the Mature Minor Consent section). Parents not knowing about their teen's health situations can lead to disastrous consequences. Meanwhile, parents are still responsible for their children up to age 19.

Situations governed by the Infants Act include where a teen seeks or is given medical care for any range of conditions – including mental health counselling and treatment, and reproductive management – but where the parent is not required to be informed.

This conflict of setting up the parents as the 'responsible enemy' begs for resolution in a just society. Informing the parents or waiving the parents' responsibility are two possible options.

The June inquest has been called to review the circumstances of Eurchuk's death and to explore opportunities for a jury to make recommendations that may prevent deaths in similar circumstances. Presiding coroner Michael Egilson and a jury will hear evidence from witnesses under oath to determine the facts surrounding this death. A jury must not make any finding of legal responsibility or express any conclusion of law. The BC Coroners Service gathers facts surrounding why a death took place, without fault-finding. It provides an independent service to the family, community, government agencies and other organizations. **WSV**

Overwintering fires

● **Hot spots could start re-emerging** from last summer's wildfires. These 'overwintering' fires smoulder then re-emerge in warm dry spring weather. Areas near communities where wildfires burned last year are being actively patrolled by firefighters and scanned using thermal imaging technology, it was stated March 26 by the Ministry of Forests, Lands, Natural Resource Operations and Rural Development. www.bcwildfire.ca **WSV**

HEALTH & SAFETY

West Shore Voice News

Dementia funding in federal Budget 2019

West Shore Voice News

● **Additional funding for a National Dementia Strategy** was announced in Budget 2019 last week. It is estimated that more than 400,00 Canadians are now living with dementia, two-thirds of whom are women.

The rise of dementia numbers is expected as the population of seniors grows. The Alzheimer Society of Canada projects that almost 1 million people will live with dementia in less than 15 years.

Canada committed to a national dementia strategy in June 2017 with Bill C-233 to address the scale, impact and cost of dementia. In May 2018 in Ottawa, further ideas were discussed at a National Dementia Conference hosted by the Health Minister. The Strategy will consider the experiences of those living with dementia and build on innovative work already underway across the country.

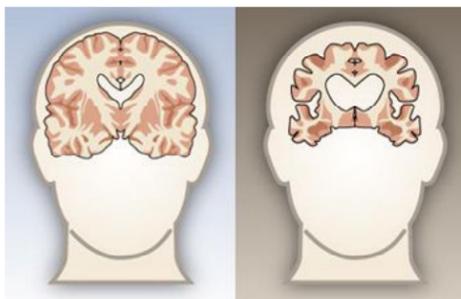
The Alzheimer Society of Canada describes dementia as a general term for a progressive decline in mental ability severe enough to interfere with daily life, including memory loss. Many diseases can cause dementia, including Alzheimer's, vascular dementia (due to strokes), Lewy Body disease, head trauma, frontotemporal dementia, Creutzfeldt-Jakob disease, Parkinson's, and Huntington's. These conditions can have similar and overlapping symptoms.

Last year in Budget 2018 a five-year rollout of \$4 million per year was announced to support community-based projects that enhance the well-being of people living with dementia, with a particular focus on senior women. This year's Budget 2019 proposes to provide the Public Health Agency of Canada with \$50 million over five years starting 2019-2020, to support implementation of Canada's first National Dementia Strategy. The strategy is expected to be publicly released this spring; it is based on a report released back in January by the Canadian Academy of Health Sciences panel. The report is online: <https://www.caahs-acss.ca/wp-content/uploads/2019/01/Report.pdf>

Working with key stakeholders (including the provinces), the program is being designed to: increase awareness about dementia, activities for prevention, and reducing risk and stigma; develop treatment guidelines and best practices for early detection; and improve society's understanding of the prevalence and effects of dementia on our communities. **WSV**

Transportation Minister holds up ride-hailing over driver qualification

● **The Select Standing Committee** on Crown Corporations tabled its report March 26 on ride-hailing, giving government the tools it needs to make ride-



Alzheimer's disease or other dementias can lead to nerve cell death and tissue loss in the brain. It is a result of abnormal clusters of protein fragments called plaques that build up between the nerve cells, as well as tangles, which are dead and dying nerve cells. Over time, the brain shrinks dramatically, affecting nearly all its functions and causing a variety of symptoms to appear.

hailing (e.g. Uber & Lyft) a reality in BC. "British Columbians have waited far too long for ride-hailing services," said MLA Adam Olsen. BC Green spokesperson for transportation and a member of the Select Standing Committee. "Now it's time for action."

No geographical boundaries, no caps on fleet sizes, and regular Class 5 drivers being able to provide ride-hailing services are among the recommendations. However, Minister of Transportation and Infrastructure Claire Trevena is sticking to her guns on insisting that drivers for ride-hailing services have additional training such as Class 4 (commercial). Premier Horgan reiterated this week that it's about public safety (both drivers and passengers). **WSV**

West Shore Voice News

The Sooke Voice News

Published by Brookline Publishing House Inc., Langford, BC, Canada
National Library Registration:
WSV ISSN 2368-9374 | SVN ISSN 1925-2722
Mailing: 2969 Alouette Dr, Victoria, BC V9B 0M6 **Tel & Text: 250-217-5821**
Email: news@westshorevoicenews.com
advertising@westshorevoicenews.com
www.westshorevoicenews.com
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Copy deadline: 5 pm Mon
Ad bookings by: 5 pm Wed

Published & Printed by: Brookline Publishing House Inc. **Editor, Writer, Layout, Ad Sales, Online Content:** all writing by Mary P. Brooke, B.Sc., Cert PR unless otherwise stated. **Reporters:** Eryn Chaney, Chelsea Kirkpatrick, Sophia Romanchuk. **Contributors:** - Z-Gen **Consultant:** Jennifer Brooke. **Tech Consultant:** James Twigg. **Web Dev:** Greg Szabo. **Server Tech:** Les Oberg. **Distribution:** WSV website, direct to subscribers, posted on TW/FB. **Courtesy to:** coffee shops; business lobbies, libraries, rec centres, community. **Online PDF & daily breaking news (WSV website, Facebook & Twitter).**

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Rural areas get a boost

West Shore Voice News

● **Under the BC Rural Dividend Program**, the Government of BC is providing \$1,753,481 million for 10 projects on west Vancouver Island. Among those:

The City of **Port Alberni** is being awarded \$100,000 for the first year of a five-year campaign to attract new residents and workers. It will begin by determining concerns and perceptions about the city, identifying the best target markets and looking for ways to refine current efforts.

The District of **Tofino** is being awarded \$100,000 to complete detailed engineered design documents for the downtown revitalization project on Campbell Street.

Westcoast Community Resources Society in **Ucluelet** is being awarded \$33,101 to hire staff and create a seniors' hub program to overcome barriers and identify opportunities for older adults in rural communities. **WSV**

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NEWS

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Premier John Horgan: "Janeway is my favourite Star Trek captain"

FEATURE by Mary P Brooke
West Shore Voice News

● A fan of fantasy fiction, Premier John Horgan regretted not being able to get to the 2nd Annual Capital City ComicCon at the Victoria Convention Centre last weekend.

But this week after the formal part of welcoming the World Rugby Webb Ellis Cup to Victoria on the lawn of the legislature, there was a moment to discuss inspiration from the Star Trek series.

"It took until the 24th century to achieve gender equity in society," muses Horgan, referring not only to the Star Trek science fiction TV and movie series, but specifically to how his favourite Star Trek captain is Captain Kathryn Janeway from Star Trek Voyager (172 episodes from January 1995 through May 2001) starring actress Kate Mulgrew in the lead role.

"Janeway is a strong female role model," says Horgan, who was raised by his mother and his sister. As Premier, Horgan established a gender-equity cabinet right from the start.

"I worked with Carole James as my first leader as an elected representative," Horgan told West Shore Voice News, with a few members of the public alongside being curious at the conversation about Star Trek and agreeing it was important for the societal insights.

"In Star Trek, anything is possible. That series delivered the first interracial kiss on TV, and people from different races and cultures all working together for a common purpose," Horgan said. "To have a female captain in a strong traditional male position was something that was long overdue. It took until the 24th century to have that happen — on television. But now we're seeing it in everything that we do," he mused.

Actress Mulgrew @TheKateMulgrew followed Horgan @jjhorgan on Twitter recently. "I thanked her for the follow. And she said that in my good judgement — by picking her — I would have a positive future in Starfleet," he said with a chuckle. While Mulgrew has over 101,000 followers on Twitter, she only follows 153 people. So Horgan is in good company there, including TV comedians Stephen Colbert, Jimmy Kimmel, and Jimmy Fallon. A few weeks ago at a literacy event at an elementary school in the west shore here on Vancouver Island, Horgan said if he hadn't chosen politics for a career he might have been a comedian. On the political side, Mulgrew also follows Hillary Clinton, Barack Obama, Elizabeth Warren and Nancy Pelosi. And of course she follows fellow Trekkie captain actor @WilliamShatner.



Actress Kate Mulgrew as Captain Kathryn Janeway on Star Trek Voyager. She follows Premier John Horgan on Twitter.



Premier John Horgan at the celebration of World Cup Rugby, with the Webb Ellis Cup at the BC Legislature, March 26.

Sharing Irish roots.



Actress Marina Sirtis who played Deanna Troi on Star Trek - the Next Generation, at Capital City ComicCon March 23.

Another strong female role from the Star Trek series — Deanna Troi in the Star Trek — The Next Generation series — was played by actress Marina Sirtis did make it to ComicCon on March 23 in Victoria. To several hundred fans in the audience at the Victoria Conference Centre, Sirtis pitched for women. Looking good in casual wear: "I didn't wear these thigh-high boots to sit in a chair," she said. "Ladies, this is 64, don't let anyone tell you how to be." <https://westshorevoiceneews.com/tng-star-marina-sirtis-wows-crowd-at-victoria-con/>

Mulgrew, now 63, in an interview in 2015 said she had worked 18-hour days for seven years while guiding the Voyager starship and also raising two children. "I did it all without a hitch," she said, and in four-inch heels. "We're capable of much more than we think we are," said Mulgrew.

Premier John Horgan, who often talks of his glibness being from his Irish roots, also demonstrates in his political views an empathetic approach. Mulgrew calls empathy "the Irish thing". **WSV** <https://westshorevoiceneews.com/premier-horgan-on-admiring-star-trek-captain-janeway/>

Royal baby bets open in BCLC novelty pool

● The BC Lottery Corporation (BCLC) is offering a 'sports novelty pool' on the upcoming British royal baby. Duchess of Sussex Meghan Markle and Prince Harry are expecting their first child this spring. They got married in May 2018.

Bets include the baby's name and gender, date and time of birth, birthweight, and who the godparents will be.



The late Princess Diana: her name a favourite pick.

Odds on the name Diana for a girl are low (it's a likely pick). That name would honour Harry's mother the late Princess Diana. Diana's middle name was Frances. The bet multiplier for Diana is 4, but higher at 20 for Frances. Arthur, James and Edward are popular picks for a boy's name.

Popular bets for godparents are Jessica and Ben Mulroney (Canadian), Prince William and Kate (royal), and George and Amal Clooney (international).

This pool is likely to draw in people who don't normally bet online. Good revenues for BCLC. Here's where to place your bets: <https://www.playnow.com/sports/other-sports/novelty/royal-specials> **WSV**



CleanBC coastal town hall queried participants on priorities for the environment

by Mary P Brooke
West Shore Voice News



● A telephone town hall about the Province's comprehensive CleanBC plan to create a cleaner, stronger and more prosperous province was hosted Monday evening March 25 by George Heyman, Minister of Environment and Climate Change Strategy. It was the third of four telephone town halls conducted over a few weeks (March 6 Lower Mainland & southwestern BC, March 13 Kootenays, March 25 Vancouver Island and coastal areas, and again Lower Mainland & southwestern BC on March 27). Participants pre-registered and were auto-dialed ahead of the 7 pm start. Closed captioning was available.

The presentation style was articulate and slick. If it weren't for the real callers and three real-time polls using the smartphone touchpad, it otherwise sounded highly sales-pitch chipper and heavily scripted.

"Building a cleaner, brighter future for BC is something we're all a part of, and CleanBC is our Province's plan to help get us there," said Heyman. "We are committed to listening to British Columbians as we take action on expanding a low-carbon economy to protect our natural environment and the place we call home." BC is investing \$902 million over three years into CleanBC initiatives.

"Leadership creates opportunities," said Heyman. There will be incentives for business and skills training for workers toward a new economy. Transportation will be cleaner and more affordable in the years ahead. Heyman encouraged listeners to participate in the Active Transportation public input process that is available online to 4pm on Monday April 15: <https://engage.gov.bc.ca/activetransportation/>

The quick straw polls in real time during the telephone town hall each presented five options. Some concepts were complex, yet answers were elicited on the spot without much time for thought. Reliability of the results could be weak in that regard.

The first poll asked the participant's top environmental concerns, giving five rapid-fire options. The results came in 50% for overall impact, 22% for impact on future generations, 17% for drought and fires, 'other' 9%, and rising sea levels only 2% despite the coastal region being surveyed.

Heyman said on the call that it was interesting but not surprising that a higher number of callers from northern regions (in previous town halls) put drought and fires at the top of the list, as the wildfires were mostly in the interior regions. However, air quality alerts were in place all over BC last summer, including the Greater Victoria area.

The second poll in the 90-minute call asked what the BC Government's top priorities should be for addressing environmental challenges. Results were more evenly spread than in the first poll. Results: 27% cleaner industry, 23% cleaner energy, 19% cleaner transportation, 18% reducing waste, and 13% other.

Heyman pitched how well carbon pricing (\$35/tonne) has been working for BC in the past 10 years or so. Heyman said that companies are responding with changes to be cleaner, that emissions have been cut by 15%, and that British Columbians are getting rebates which lower their taxes.

The third in-the-moment poll came close to the end of the 90-minute call. Which aspect of Clean BC should be given priority? Results: community planning advice 26%, better use of waste 24%, make buildings more efficient 20%, cleaner heavy duty trucks 17%, and other 13%.

Callers with live questions were from a range of locations including Nanaimo, Campbell River, Powell River, the Gulf Islands and Greater Victoria. Topics included commuter congestion, whether LNG is clean, what alternate power sources are coming on stream, what's being done about forest fires, using electric generators to keep communities going during outages, reducing waste emissions, whether electricity can be sold back into the BC Hydro grid, innovations around the sea level rise, and whether large cannabis operations will strain the electrical grid. **WSV** <https://westshorevoiceneews.com/cleanbc-coastal-town-hall-covered-range-of-questions/>



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April

Back to School. Mon Apr 1. www.sd62.bc.ca
City of Langford Regular Council Meeting. Mon Apr 1. 5:30 pm. www.langford.ca
Status of Our Salmon. Presentation by Dr. Brian Riddell, Pacific Salmon Foundation. Thurs Apr 4. 7pm. EMCS Theatre, 6218 Sooke Rd. By donation.
Spring Garden Show. Sat Apr 6. 1 to 3 pm. By View Royal Garden Club. Esquimalt United Church, wheeley Hall, 500 Admirals. \$5 admission.
Wildflowers of Mill Hill. Sat Apr 6. 10 am to noon. Mill Hill Regional Park, Langford. Guided hike. Age 18+. No fee. Register by Apr 3. www.crd.bc.ca/parks-events
City of Colwood Regular Council Meeting. Mon Apr 8. 7 pm. www.colwood.ca
District of Sooke Regular Council Meeting. Mon Apr 8. 7 pm. www.sooke.ca
SD62 Adolescent Health Survey results workshop. Wed Apr 10. Dunsmuir School. 4 to 5:30 pm.
12th Annual Farm & Film Gala. Wed Apr 10. Sooke Region Food CHI & Awareness Film Night. EMCS Theatre. Vendors 6:30-7:45, film to 9pm. By donation.
Run for Beckett. Sat Apr 13. 5 km walk/run at Belmont Secondary. 8 am to 1 pm. Register by Apr 12. #RunforBeckett
Backyard Rainwater Management. Sat Apr 13. 1 pm. Compost Education Centre. www.compost.bc.ca
PUBLIC INPUT: Active Transportation online to Mon Apr 15 at 4pm. Online at: <https://engage.gov.bc.ca/activetransportation/>
DeMamiel Creek Golf Course in Sooke. Season opens Wed Apr 17. www.seaparc.ca
South Island Prosperity Index Update. Business Leaders Lunch. Thurs Apr 18. 11:30 am to 1 pm. Victoria Marriott Inner Harbour, 728 Humboldt St., Victoria. www.victoriachamber.ca
Eggstravaganza. Easter Bunny at SEAPARC. Sat Apr 20. Age 1-4 at 10:30 am, age 5-7 at 11:15 am. Admission by donation to Sooke Food Bank. www.seaparc.ca
Easter Egg Hunt in Meadow Park. Sat Apr 20. 2 to 4 pm. By Royal Bay & City of Colwood. Family fun event. www.colwood.ca
Easter Long Weekend. Apr 19 thru Apr 22. Good Friday April 19 (Stat holiday) | Easter Monday April 22.
SD62 Board Meeting - budget. Tues Apr 23. Board office. 7 pm. www.sd62.bc.ca

<https://westshorevoicenews.com/events/>



Blood Donor Clinic. Mon Apr 22. Church of the Advent, 510 Mount View Ave, Colwood. www.blood.ca
District of Sooke Regular Council Meeting. Tues Apr 23. 7 pm. www.sooke.ca
Super Channel Boxing Championships. April 23 – 27 at Bear Mountain Resort. Hosted by Boxing BC with Boxing Canada, Super Channel, City of Langford. www.boxing.bc.ca
West Shore Community Garage Sale. Sat Apr 27. 1761 Island Hwy. 10-2. Swim & weight room 1:30-4pm. www.westshorecreation.ca
Pacific FC Inaugural game. Sun Apr 28 at Westhills Stadium. 4pm. Pacific FC vs Halifax. Tickets online: www.pacificfc.ca

May

Viva La Westshore. Fri May 3. At Olympic View Golf Club. Westshore Chamber fundraiser for Children's Health Foundation of Vanc Island. www.westshore.bc.ca
Rotary Sooke Annual Fundraising Auction/Dinner. Sat May 4. Prestige hotel. Tickets at Shoppers & Little Vienna Bakery. Info 250-642-1789.
Nanaimo-Ladysmith federal by-election. Mon May 6. www.elections.ca
Victoria Chamber AGM. Tues May 7. Speakers on Amalgamation: Victoria Mayor Lisa Helps & Saanich Mayor Fred Haynes. 11:30 am. Hotel Grand Pacific. www.victoriachamber.ca
Annual Westshore Learning Plant Sale. SD62 Colwood Campus, 2139 Sooke Rd. Sat May 11. Pre-orders: Debbie at dlodewijk@sd62.bc.ca
13th Annual Duck Day at the Flats. Sat May 11. Tix \$5 ea or \$20 for 5. Sooke Harbourside Lions fundraiser.
Women's Rugby 7s. Sat May 11 & Sun May 12. Westhills Stadium, Langford. www.rugby.ca

Helping constituents with Federal government programs and services.

Randall Garrison, MP
 ESQUIMALT-SAANICH-SOOKE
 2904 Tillicum Rd, Victoria
 Mon-Thurs 10-4
 250-405-6550
Randall.Garrison@parl.gc.ca
www.randallgarrison.ndp.ca

Sheringham Point Lighthouse | Open daily | www.sheringhamlighthouse.org

ARTiFACTS | 9 to 5 | Mar 22 to April 28 | Sooke Region Museum | www.sookecommunityarts.com

Spring outdoor safety tips

West Shore Voice News
 ● **Safety around your home outdoors in spring** includes a few tips from Juan de Fuca Emergency Program coordinator Jeri Grant. She posts these tips and more on Twitter at @JdFEmerg.
When using a ladder to clean the eavestroughs, place ladders on solid footing and have a spotter. If you need any tools for the job you are doing, have them close at hand and easy to reach.
The vent behind your dryer can become a fire hazard if it isn't cleaned out often. Take a few moments during Spring cleaning to make sure the vent is clear.
Garden tools: A range of injuries can be caused by stepping on, landing on or being hit with garden tools like shovels, rakes and trowels. Store tools and materials in safe places.
 As well, Island Health's Chief Medical Officer this week reminded about the need for up to date tetanus immunization if doing gardening or outdoor work, in the event of any abrasion or puncture from rusty objects. **WSV**



LANGFORD ON THE MOVE

TRAFFIC INFO

■ **Spring 2019.** Langford Pkwy adjacent to City Centre Park & Westhills Stadium (access to Langford Lanes & City Centre Park is open). Road construction and associated work continues in April including a signalized intersection at Leigh Road.

■ **Continuing in March 2019.** Various roadway adjustments continue around in and around the Belmont Market/Residences construction zone [Jacklin Road, Kelly Road, Jenkins Ave].

More traffic advisories:
www.langford.ca

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Langford-Juan de Fuca Constituency office handy in central Langford



The constituency office for Langford-Juan de Fuca is located in the Jacklin Gate mall at 122-2806 Jacklin Road. That's near the corner of Goldstream Avenue in Langford.

● **The constituency office for Langford-Juan de Fuca** is located right in the heart of Langford, at 122-2806 Jacklin Road. MLA for Langford-Juan de Fuca is of course Premier John Horgan.

West Shore Voice News
 Constituency staff run the office, providing access and services for residents of the riding that includes Langford, Highlands, East Sooke, Sooke, and Juan de Fuca up to Port Renfrew.
 The office is open from 10 am to 4 pm, Monday through Friday. Assistance is provided for constituents who sometimes may run into difficulties. Staff on hand – that's Maureen, Hans, Sheldon and Lynn – help constituents understand government policies and announcements, and how to access government services.
 The office handles questions and complaints, to assist with understanding what happens with provincial government processes. A consent form is always required and must be signed (power of attorney required if inquiries are being handled on behalf of a family member). Individual case action is usually referred over to appropriate agencies that are already handling particular services or programs.
 A free legal clinic is available at the constituency office on Jacklin on the first and third Wednesdays of each month (from 6 pm), and also at the Sooke office at 6631 Sooke Road on the third Wednesday of each month (from 6 pm). This is a separate legal service, with the office space made available by the Langford-Juan de Fuca Constituency. The legal service is free for that initial visit; any services by lawyers after that must be paid for. A consent form is always required and must be signed.
 Premier Horgan often drops into the constituency office, to connect with staff and hold meetings as required. He also gets out into the community to make announcements, visit with community leaders, tour new projects, and attend community events. Every summer he holds a constituency barbecue at Sooke Flats, to which everyone in the Langford-Juan de Fuca constituency is invited. **WSV**

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