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Friday, February 1, 2019

Release date February 2, 2019

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## NDP win in January 30 Nanaimo by-election reaffirms direction of the Horgan NDP government

by Mary P Brooke  
West Shore Voice News



Premier John Horgan congratulated Nanaimo MLA-elect Sheila Malcolmson on Wednesday evening, as it was sinking in that his progressive government has a firm mandate going forward.

● **For a little while** after the Nanaimo by-election polling stations closed at 8pm on January 30 there was anticipation by both the NDP and the BC Liberals as to achieving the winning result.

But after about an hour, and clearly by 9:45 pm, it was evident the 1,000-volunteer ground game of the NDP support team paid off. By that time, Sheila Malcolmson was almost certainly the winner (showing 48.52% of the popular vote at that point) and must have been penning or touching up her acceptance speech.



Sheila Malcolmson  
MLA-elect (Nanaimo)

Introduced by a beaming Premier John Horgan ahead of 10 pm, Malcolmson slid easily into history as the new MLA whose win would stabilize the NDP minority government. With the NDP-Green agreement producing first 43 and now 44 seats in the BC Legislative Assembly, the security of passing legislation is far more assured. And more importantly to Horgan, his cabinet, and his party, this is affirmation that their government has been heading in the right direction to make life more affordable for British Columbians while building a strong and sustainable economy.

By 11:15 pm all 111 ballot box counts had reported. The final number of votes cast in the Nanaimo by-election was 21,410 (a turnout of 47.2% of the 45,359 registered voters).

There were six candidates on the ballot for the January 30, 2019 by-election. Winning candidate Sheila Malcolmson achieved 10,538 votes (49.22% of the popular vote) with runner-up BC Liberal candidate Tony Harris showing a strong results with 8,665 votes (40.47%). Green Party Candidate Michele Ney lagged behind in third place with 1,579 votes (7.38%). Conservative candidate Justin Greenwood won 442 votes (2.06%). Robin Mark Richardson Vancouver Island Party got 100 votes (0.47%). Bill Walker, Libertarian 86 votes (0.40%).

The media played an important democratic role in informing the public of the political importance of the 28-day by-election. The strength of the BC Liberal campaign early-on probably convinced more than a few Green voters to strategically vote NDP in order to maintain a progressive government.

Now the NDP with their 41 seats, together with the 3 Green MLAs, gives the NDP minority government 44 seats, with the BC Liberals holding 42. This essentially secures John Horgan's NDP government for the remainder of this first 2017-2021 term in the BC Legislature.

Votes were counted by hand in this by-election, so it was a longer wait than people are used to in general elections that are machine-counted.

The NDP has held the Nanaimo riding for 20 years, winning each time with more than 40% of the vote. Long-time Nanaimo MLA Leonard Krog resigned as MLA late last year after winning the municipal mayoralty race and becoming Nanaimo's mayor.

BC NDP candidate Sheila Malcolmson had stepped down as MP for Nanaimo-Ladysmith to run provincially. She had the full support of Premier John Horgan and various NDP cabinet ministers who visited in her riding throughout the campaign. In the last week, many NDP constituency workers joined the well-organized NDP support team to help get supportive voters to the polls. **WSV**

## January 2019 real estate

West Shore  
Voice News

Average sale prices  
(# of sales)  
[compare Jan 2018]

House prices  
down across  
Greater  
Victoria  
compared to one  
year ago, but  
higher in Sooke.  
Townhome prices  
are up across  
Greater Victoria.

		Jan 2019	Jan 2018
Single Family Homes	Langford	\$672,393 (28)	\$712,247
	Colwood	\$708,700 (5)	\$721,774
	Sooke	\$539,484 (16)	\$511,437
	Gr Victoria	\$851,117 (135)	\$925,715
Condos	Langford	\$382,858 (18)	\$343,865
	Colwood	\$305,800 (1)	\$417,000
	Sooke	(nil)\$290,000 Dec/18	\$295,000
	Gr Victoria	\$420,370 (110)	\$495,718
Townhomes	Langford	\$482,366 (9)	\$475,233
	Colwood	(nil) \$500,800 Nov/18	\$564,633
	Sooke	\$447,659 (4)	\$435,000 (Dec/18)
	Gr Victoria	\$595,560 (37)	\$545,156
Lots	Langford	\$330,950 (4)	\$274,820 (Dec/18)
	Colwood	(incl nil) \$449,900 Dec/18	\$449,900 (Feb/18)
	Sooke	\$174,900 (1)	\$319,300 (Dec/18)
	Gr Victoria	\$467,770 (10)	\$683,800
	waterfront)		

● **The Victoria Real Estate Board** (VREB) focussed their public report this month on the number of properties listed and sold and saying that demand has outstripped supply in recent months. Meanwhile, homebuyers and homeowners/sellers are dealing with decreasing price-points on their properties.

In January 2019 there were 309 residential property sales in Greater Victoria, down 23.8% from 406 in January 2018. Within that, there was a slight decline of 6.7% in condo sales volume (110 sales in January this year compared to 118 last year). The number of listed properties is up 38% compared to a year ago.

VREB's data-adjusted Housing Price Index (HPI) indicates that home values peaked mid-2018 then fell a bit, but overall have gone up over the past year.

For **houses**, the HPI climbed from \$702,200 in January 2018 to a peak of \$766,000 in July 2018, but last month settled at \$742,000. However, the actual average sale price was significantly higher at \$851,117 in January 2019. It's unclear whether VREB indicates with that \$109,117 differential that housing prices will continue to fall.

It's the reverse for **condos**: those strata units are presently selling low compared to the HPI, though prices fluctuated in recent months: the actual Greater Victoria average condo sale price in January 2019 was only \$420,370, but much higher in December 2018 at \$472,612 and was a scorching hot \$539,019 in November 2018. The condo HPI settled in January 2019 at \$499,700 after peaking at \$502,400 in December 2018.

The strength is in **townhomes** where VREB's HPI of \$587,500 in January 2019 capped a 6-month upward trend (HPI was \$561,000 in January 2018, jumped to \$581,800 in July and higher to \$588,900 in October). The actual sale average in January 2019 was \$595,560 (up over \$50,000 compared to January 2018). **WSV**

## Child pornography investigations in the west shore

by Mary P Brooke  
West Shore Voice News

● **There are 17 persons in the west shore area** under investigation for child pornography, with 12 of those in Langford. That finding for 2018 with the followup work now rolling into 2019 was reported by West Shore RCMP Detachment Commander Todd Preston during the Langford Protective Services Committee on Thursday, January 31.

Digging into IP addresses and confiscating computers after obtaining multiple warrants, that's just the start for Internet Child Exploitation (ICE) investigators. Then a team of general inspectors are having to review all the material, to formulate evidence.

"It's quite a volume of information to review," says Preston. That's all on top of dealing with attempted murders, assaults, and fraud.

"The trend is up. It's a disturbing trend. We're inundated with child pornography files," he told *West Shore Voice News* following the committee meeting in council chambers.

Investigations are a police matter, and if it's necessary to determine that if a child is in need of protection, police will advise the Ministry of Children and Family Development (MCFD) whose personnel go to visit the household, explains a Ministry spokesperson.

"There are any number of ways that children can be put in danger, and we get contacted. If police are aware that a child is in danger, they contact MCFD. Routinely, they contact us and we work with them," the ministry said. "If it's parents who are exploiting the kids then likely we'd have a bigger involvement," the spokesperson said this week.

"Service providers and the public have a duty to contact MCFD if they believe a child is in danger, including situations of suspected sexual exploitation," says the Ministry.



West Shore RCMP Detachment Commander Todd Preston addressed the Langford Protective Services Committee, January 31.

"The ministry would investigate in such instances and would provide child protection services where warranted. We would also work closely with police in any criminal investigation."

"Affected children and families can access support through police Victim's Services, VictimLink BC and community-based victim assistance programs. MCFD may provide additional referrals to child and youth mental health services, counselling or other community-based supports." **WSV**



E Nanaimo seals the deal for Horgan's way



Mary P Brooke  
Editor & Publisher

● The win for NDP candidate Sheila Malcolmson in the Nanaimo by-election this week set Premier John Horgan to genuinely beaming in front of the cameras. His NDP progressive thrust of government policy is working for the people (making life more affordable while improving the economy), and acknowledgement of this came back to him by way of this by-election. That will be enough wind in his government's sails to make to the shores of 2021.

A fairly strong showing by BC Liberal candidate Tony Harris in Nanaimo seems to have emboldened the Opposition party, with BC Liberal Leader Andrew Wilkinson that evening essentially telling the TV media that his party would build on that.

BC Green Party Leader Andrew Weaver acknowledged later on election night that Nanaimo voters "felt they needed to vote for the NDP in this by-election so that the government and our agreement with them can continue". Clear evidence of strategic long term planning by voters who are paying attention. A good sign that the BC electorate got this one right. ■

## Island Health CEO says medication reconciliation needed to "prevent unintended harm"

by Mary P Brooke, B.Sc.  
West Shore Voice News

● The overall message put forth to the room of about 90 people at the Island Health board meeting on January 31 in Colwood was that the regional health authority very much needs partnerships with providers in the community.

Board chair Leah Hollins also emphasized she sees independent living in senior years as preferred lifestyle choice over institutionalized care, which is backed up with financial realities for both provincial health care budgets and families supporting their elderly loved ones.

Hollins had asked board members to keep their comments brief so that time could be maximized for speaker presentations; there were no public questions from the board. Earlier in the day, the board had toured both the new Westshore Urgent Primary Care Centre in Langford and the Belmont Wellness Centre within Belmont Secondary in Langford.

Island Health CEO Kathy MacNeil who oversees an annual budget of about \$2 billion, gave a lengthy presentation covering most aspects of the health authority.

MacNeil highlighted the shift to BC's new Urgent Primary Care Center clinics as a suitable alternative to Emergency Room visits which in many cases is also a way to attach people to a family doctor if they don't already have one (the case for about 30,000 people in the growing west shore).

"The current model where the hospital is the default center, that needs to shift," MacNeil said. The multi-disciplinary team approach at urgent care centers is "sustainable, and better for patients, care providers and the community". She added that Island Health focuses on preventive care and wellness for all ages, looking to the social determinants of health for those significant impacts including housing, employment and poverty.

"We are focussed on the patient experience," MacNeil said, as well as the workplace culture so that employees "bring their best selves to work every day".

MacNeil readily stated that attention to medication reconciliation is needed and that there is "unintended harm from errors in providing that care".

Adding and stopping medications has to be "carefully evaluated and communicated to the patient," said MacNeil. "We need to implement a consistent practice across all routines." That will include computerization of details and not relying on the patient quite as much, said Island Health's Jeremy Etherington, Vice President – Medicine, Quality &



Kathy MacNeil,  
CEO, Island Health



Leah Hollins, Chair  
Island Health



Jeremy Etherington,  
Vice President –  
Medicine, Quality  
& Academic  
Affairs, Island Health

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M.J. Whitmarsh,  
Qwul'sih'yah'maht  
– Robina Thomas,  
Ron Mattson,  
Wahmeesh –  
Kenneth Watts.

Academic Affairs. Etherington said some patients can be on as many as 15 different medications, oftentimes prescribed through a number of doctors. The challenge is to keep all that organized, by doing more than relying on information given by the patients themselves.

Etherington pointed out that physicians often lack the time to do quality improvement; he points to needed changes in the Doctors of BC fee schedule so that necessary levels of service and care are financially viable in the current billing model.

A quick Island Health infographic presentation included "day in the life" statistics such as 10,540 home care clients served, 6,000 volunteers contributing, and 16 babies born each day. **WSV**

## SD62 pitches benefits of on-site health care

West Shore  
Voice News

● Toward the end of the January 31 Island Health board meeting, a 10-minute presentation was given by Sooke School District 62 (SD62) Chair Ravi Parmar and SD62 Superintendent Scott Stinson. Also attending were SD62 trustees Wendy Hobbs, Dianna Seaton, and Margot Swinburnson, and Healthy Schools lead Cindy Andrews.

Parmar and Stinson emphasized the geographical scope of SD62, from Port Renfrew through Sooke to Metchosin and East Sooke, as well as the core west shore areas of Langford and Colwood as well Highlands and parts of View Royal. Stinson says SD62 is "making health and well-being a priority". They highlighted the drop-in Belmont Wellness Centre within Belmont Secondary School in Langford as "robust" with a two percent increase in access (from 33% to 35%) from 2017 to 2018.

Stinson said that "youth tend to be fairly poorly connected to primary care" and that the in-school wellness centre "has increased the opportunity for students for wellness" including with any "emerging mental health needs".



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SD62 Chair Ravi Parmar (left) and SD62 Superintendent & CEO Scott Stinson at the January 31 Island Health board meeting. They presented a profile of attention to health and wellness in the west shore school district that serves over 11,000 students.

At Royal Bay Secondary in Colwood and Edward Milne Community School in Sooke the health centres are "fledgling and continuing to develop".

Stinson said that "SD62 does offer free and low cost space for wellness centres in three of our high schools", also working with NGOs and first nations.

In-school attention to mental health needs contributes to better graduation rates and beyond that a person's contribution to society, said Stinson. He identified student socioeconomic vulnerabilities such as unstable housing, food insecurity, unemployment and substance use as contributing to the challenge of access to primary health care. In-school health resources help mitigate that.

Stinson talked about health literacy and how SD62 aims to guide students in learning to access resources, by developing the agency and capacity of students to act on resources.

Regarding social return on investment relative to these health resources -- "a collaborative intersection of funding for health and funding for education" -- Stinson said that for every dollar invested in staff there is a return of \$8.31 across the community seen after graduation in healthier habits and behaviours, improved health and wellness, and improved educational outcomes.

"Consistency with what's happening in health care and education and informed consumers is a large part of our work," said Superintendent Stinson. He said that accessing mental health and primary health life skills for students increases SD62's primary objectives of a good graduation rate of individuals who are "well informed and well looked after".

The SD62 wellness centres can be sustainable and scalable. Stinson said the school district looks to "how Island Health can work with Education to provide the services that are well utilized within the schools".

SD62 is one of the largest employers on the south island with 1,600 staff, said Parmar. A budget of \$130 million sees the operation of 27 schools for the delivery of public education to over 11,000 students. The 2018-2021 SD62 strategic plan aims for outcomes in Learning (including social-emotional), Engagement (a healthy environment that promotes wellness), and Growth (including facility expansion).

"It was an honour to be given the opportunity to present to the Board," said Parmar afterward. "They were extremely welcoming and supportive of the work both our organizations are doing to support students in both Sooke and the Westshore. I look forward to welcoming them to the Belmont Wellness Centre in the future." **WSV**

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Email: [news@westshorevoicenews.com](mailto:news@westshorevoicenews.com)  
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## South island regional transportation strategy to come with funding formula

Mary P Brooke, West Shore Voice News

● By September a strategy for transportation in the south island region will be unveiled by the Ministry of Transportation & Infrastructure (MOTI). MOTI Minister Claire Trevena had already announced that on January 9, but on January 30 she addressed about 150 business and community leaders at a Victoria Chamber of Commerce luncheon. She re-told the news about a potential emergency route for when the Malahat is closed due to crash incidents, and that the E&N rail corridor will be part of the final mix in some way or another.

In response to a question from Langford Mayor Stew Young, Minister Trevena said that funding would be attached to the strategy, likely as a formula (not specific dollars for individual projects).

Trevena says that all of roads, highways, rail, ferries, buses, bike lanes, pedestrian trails and more are part of the potential mix that will see the Greater Victoria and south island region operate with a smoother set of transportation alternatives aimed at reducing commuting times and contributing to healthier lifestyles.

More about the January 30 luncheon and transportation plan: <https://westshorevoicenews.com/south-island-transportation-strategy-will-come-with-funds/> **WSV**

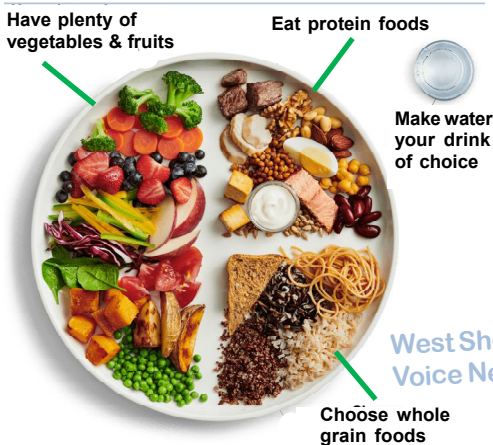


BC Provincial Health Officer:  
New food guide is evidence-based

Mary P Brooke, B.Sc., Editor  
West Shore Voice News



West Shore  
Voice News



Dr Bonnie Henry,  
BC Provincial  
Health Officer  
[2018 File Photo]

● **BC's Provincial Health Officer (PHO) Dr. Bonnie Henry says she is in favour of the new Canada Food Guide** that was released January 21.

"Our food and beverage choices play an important role in our health and well-being. A healthy diet helps protect against malnutrition and chronic diseases such as diabetes and heart disease," she told *West Shore Voice News* this week.

"I am supportive of Canada's Food Guide. The new version reflects input by registered dietitians and other experts and is based on the best available evidence on food and health -- most importantly, free from influence of various industries. It provides advice on healthy eating that is simpler and better meets the needs of different users."

"We have a diverse population across BC," says Dr Henry, who recently released her *"Taking the Pulse of the Population"* report with seven recommendations to the Minister of Health including a singular mention of not enough consumption of vegetables and fruits by people in BC.

"I am pleased that the new Food Guide aims to be more inclusive and relevant for all Canadians. The advice on eating plenty of fruits and vegetables is what we are promoting in BC as well, as we have noticed a downward trend in the number of British Columbians who consume fruits and vegetables five or more times per day (as a marker for healthy eating), based on our recent public health report."

"We know many people face the challenge of affordability of healthy eating, and evidence shows that food insecurity impacts physical, social and mental health and well-being," says Dr Henry who became the PHO about a year ago. "The new dietary guidance recognizes the unique challenges faced by individuals and families experiencing food insecurity. While it emphasizes eating plenty of vegetables and fruits and encourages people to consume plant-based protein foods more often, it also encourages more affordable yet still nutritious options such as frozen, canned or dried foods (such as canned tomatoes or canned chickpeas), especially when fresh food is costly or unavailable."

Although the new Canada's Food Guide is not organized into food groups, lower fat dairy products are still recognized as part of a healthy pattern of eating. The recommendations for the amount of calcium people need across the lifespan is set by the Dietary Reference Intakes which have not changed. Lower fat unsweetened milk and yogurts and cheese lower in fat and sodium are all

Rinse things before putting them into Blue Box

● **Residents using the curbside blue box program** are encouraged to continue rinsing their recyclable materials and sorting them into three separate streams (plastic and metal containers, paper and glass) to reduce contamination and ensure that these materials continue to have an end market, says CRD.

More on **changing world markets for recyclables**: <https://westshorevoicenews.com/blue-box-program-shifting-world-markets-but-still-collecting/>

Protective services hears about financial needs  
of local RCMP detachment, fire rescue activity

Mary P Brooke  
~ West Shore Voice News



Langford Councillor Lillian Szpak, chairing the city's Protective Services Committee, January 31.

● **The City of Langford Protective Services Committee** met this week to hear reports and proposed 2019-2023 budgets for fire, policing, bylaw, and building departments.

Chaired by Councillor Lillian Szpak, the committee

heard that the West Shore RCMP detachment is fast outgrowing its aging building on Atkins Avenue as more officers are brought on stream. Langford's municipal share of overhead at the RCMP detachment building for 2019 is \$206,530, with Colwood contributing \$93,670 and View Royal \$56,694.

The Fire Rescue Service is working with other west shore fire departments on the techniques of crane rescue for higher buildings. Langford Fire Chief Chris Aubrey said a recent spate of calls has been for very severe events such as three vehicle extractions, a body recovery, two structure fires, and a crane rescue. "There haven't been a lot of calls since the start of the year, but it's the severity of calls and the amount of personnel it takes," said Aubrey. Langford Fire is working on plans for response to the higher risk of fires that is now regularly expected due to the hot dry conditions of climate change.

More notes on the January 31 Langford protective services committee meeting: <https://westshorevoicenews.com/west-shore-rcmp-working-on-17-child-porn-investigations/>

WSV

- **Provincial Health Officer's report with 7 recommendations**  
(*West Shore Voice News*, pg3. January 25, 2019): <https://westshorevoicenews.com/bc-less-success-with-mental-health-high-impacts-of-poverty-on-overall-health/>
- **New reliance on schools and health care providers to deliver nutrition education**  
(*West Shore Voice News* editorial pg 1, January 25, 2019): <https://westshorevoicenews.com/canadas-food-guide-shifts-to-general-guidelines/>

considered nutritious foods that can be eaten regularly. Fortified soy beverage is also a good source of calcium.

"Canada's Food Guide forms the basis of healthy eating policy in BC and across Canada. We have heard questions about the new Food Guide from people and stakeholders including schools and health facilities, on how they should implement the new recommendations," says Dr Henry.

"My suggestion for people who would like more information on how to follow the new food guide is to contact the registered dietitians at HealthLink BC. Many people have unique dietary needs and restrictions, and the registered dietitians are available to answer specific questions on nutrition, and help people meet their dietary requirements." *WSV*

Upcoming action by the Ministry of Health:  
Reviewing healthy eating policies for  
schools & health care facilities

West Shore  
Voice News

● Over the coming months, the Ministry of Health will be reviewing all **provincial healthy eating policies**, guidelines, programs and resources and will identify opportunities for strengthening existing policies and practice to align with the newly released federal guidance.

● We will **work with the Ministry of Education**, education partners and our health stakeholders including health authorities, to review nutrition policies and resources for schools as well as healthcare facilities.

● **For schools**, we are committed to reviewing the *Guidelines for Food & Beverage Sales in BC Schools* (the Guidelines) and the related *School Meal and School Nutrition Program Handbook*, to ensure alignment with current nutrition standards, over the coming months.

● **The Guidelines** were first developed in 2005, with revisions in 2010 and 2013 to ensure alignment with the best available evidence. They are designed to improve the food and beverage options offered within the school setting so that students can make healthy eating choices on a routine basis.

● The Ministries of Health and Education are leading an **evaluation of the school food environment**, scheduled for late Spring 2019, to identify supports needed by school districts and schools to meet nutritional guidelines.

● Each school district is responsible for overseeing the application of the Guidelines in their schools.

● **For health care facilities**: Health Canada plans to release *Canada's Healthy Eating Pattern* for health professionals and policy makers later in 2019, which will provide more specific guidance on amounts and types of foods recommended.

● Once this information is released, we will work with health authorities to review provincial and regional healthy eating policies, guidelines and resources and identify any changes that may be needed. *WSV*

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**District of Sooke Master Plans Open House.** Drop-in Sun Feb 3. SEAPARC Leisure Complex, 2 to 6 pm. [www.sooke.ca](http://www.sooke.ca)

**53rd Superbowl.** 3 pm PDT.

**City of Langford.** Regular Council Meeting. Mon Feb 4. 5:30 pm. [www.langford.ca](http://www.langford.ca)

**City of Colwood** Committee of the Whole. Mon Feb 4. 6 pm. [www.colwood.ca](http://www.colwood.ca)

**Chinese Lunar New Year.** Year of the Pig. Tues Feb 5.

**Sooke Community Arts** monthly meeting. Mon Feb 5. 1911 Murray Rd (house), 7pm. [www.sookecommunityarts.com](http://www.sookecommunityarts.com)

**BC Legislative Assembly.** Throne Speech. Tues Feb 12. [www.leg.bc.ca](http://www.leg.bc.ca)

**Awareness Film Night** and Transition Sooke. "What Is Democracy". Wed Feb 13. 7 pm at EMCS Theatre. [awarenessfilmmight.ca](http://awarenessfilmmight.ca)

**Valentine's Day.** Thurs Feb 14.

**Pro D Day Activities.** At SEAPARC in Sooke. Fri Feb 15. Mission to skate, swim, or play hockey. [www.seaparc.ca](http://www.seaparc.ca)

**Pro D Day Activities.** Swim & Skate. JdF Rec, 1767 Island Hwy. Fri Feb 15. [www.westshorerecreation.ca](http://www.westshorerecreation.ca)

**JDF Performing Arts Centre Society AGM.** Sun Feb 17. 2 pm, Juan de Fuca Library, 1759 Island Hwy, Colwood. All welcome. [www.jdfartscentre.ca](http://www.jdfartscentre.ca)

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**Family Day in BC.** Mon Feb 18. Statutory Holiday.

**SPEAC** (district parents PAC in SD62) meeting. Wed. Feb 20. At Colwood Elementary, 3300 Wishart Rd. [www.sd62.bc.ca/parents/speac/](http://www.sd62.bc.ca/parents/speac/)

**Connections Place** grand opening. Thurs Feb 21. 5:30 to 7 pm. 3375 Oak St. RSVP: [www.connectionsplace.org](http://www.connectionsplace.org)

**Americas Rugby Championship.** Canada vs Chile. Fri Feb 22. Westhills Stadium, Langford.

**10th Annual Sooke Seedy Saturday** by Sooke Region Food CHI. Sat Feb 23. 10-3. Sooke Community Hall.

**Housing crisis Town hall.** Sat Feb 23. 1 to 3 pm. Hosted by Randall Garrison, MP (Esquimalt-Saanich-Sooke). Esquimalt High School Theatre, 847 Colville Rd.

**BC Children's Hospital** skating fundraiser Sat Feb 23 to help kids with food allergies. JdF Rec, 1767 Island Hwy.

**Burnaby South Federal By-Election.** Mon Feb 25.

**SD62 Board Meeting.** Tues Feb 26. 7 pm. [www.sd62.bc.ca](http://www.sd62.bc.ca)

**Canadian Animal Policy Symposium.** Fri Mar 1. Comfort Inn, 3020 Blanshard. [spsa.bc.ca/caps2019](http://spsa.bc.ca/caps2019)

**Americas Rugby Championship.** Fri Mar 1. Canada vs Argentina XV, at Westhills Stadium, Langford.

**Vancouver Island Parent Conference.** Sat Mar 2. Belmont Secondary, Langford. 8:30am-4pm. [www.vipc.ca](http://www.vipc.ca)

**SD62 Spring Break.** Mar 17-30. [www.sd62.bc.ca](http://www.sd62.bc.ca)

**MORE EVENTS:** <https://westshorevoicenews.com/events/>

Premium Edition \$28.95/18 weeks. Call 250-217-5821

Sheringham Point Lighthouse winter hours 9 am to 4 pm. [www.sheringhamlighthouse.com](http://www.sheringhamlighthouse.com)

## Lane painting in Langford

West Shore Voice News | January 30

WEST SHORE VOICE

Web-Posted Watermarked EDITION



Bike lane painting on Kelly Road in Langford across from the under-construction Belmont Market, on a dry January afternoon.

## Mainroad gets ready for snowy Sunday

West Shore Voice News

West Shore Voice News



Mainroad South Island work yard in Langford [WSV file photo Nov 2017]

● **A forecast for 2 to 4 cm of snow** in the south island area for late Saturday night February 2 into Sunday February 3 has Mainroad South Island out preparing the road surfaces to reduce slippery driving conditions. Brine solutions and other materials are used to help support safer driving on area highways (including the Malahat, Highway 14, and Highway 18).

Temperatures will be 5 to 10 degrees below seasonal averages after that for several days, says Environment Canada.

<https://westshorevoicenews.com/snow-in-forecast-for-feb-3/> WSV

### LANGFORD ON THE MOVE

#### TRAFFIC INFO



■ **Winter, and into Spring 2019.** Langford Parkway adjacent to City Centre Park and Westhills Stadium (access to Langford Lanes and City Centre Park is open). Construction and underground utility work continues at the future signalized intersection with Leigh Road.

■ **Continuing in February 2019.** Various roadway adjustments around in and around the Belmont Market/Residences construction zone [Jacklin Road, Kelly Road, Jenkins Avenue].

**More traffic advisories:**  
[www.langford.ca](http://www.langford.ca)

## Esquimalt: proactive on the health file

West Shore Voice News

● **"We're going around to developers** asking them to consider building medical office space," says Esquimalt Mayor Barb Desjardins. This is to keep pace with needs of Esquimalt residents, says Desjardins who is now 10 years the mayor in a municipality where also many west shore residents head through or to work each day.

Desjardins hopes that an Urgent Primary Care Center is earmarked by the provincial government for Esquimalt.

MLA for Esquimalt-Metchosin, Mitzi Dean, says the government is working with the South Island Division of Family Practice in rolling out the primary care network. "That is being done strategically," she told *West Shore Voice News* this week. "Esquimalt doctors used to be with the Victoria division and now have moved to the south island division. There's a lot of

## Pacific FC brings on sports event organizer in their new executive VP Operations

West Shore Voice News

West Shore Voice News



**Pacific FC's new Executive VP Operations** Brad Norris Jones (center) congratulated by Pacific FC CEO Rob Friend (left) & Pacific FC President Josh Simpson.

● **Pacific Football Club (Pacific FC) has added Brad Norris Jones**, the former general manager of the Victoria HarbourCats, to their management team. Norris Jones will take on the position of executive vice president of operations for the Pacific FC inaugural 2019 season.

"This is an exciting opportunity to work with Pacific FC as the team and league is just establishing itself in the region and in the country overall," said Norris Jones during the February 1 announcement. "I have the background in working with sports start-ups and this is a venture like none other."

The Canadian Premier League starts in late April with Pacific Football Club representing BC in the seven team league. Matches will be held at Westhills Stadium in Langford where expansion construction is underway to 6,000 seats.

Norris Jones joins former professional footballers Josh Simpson and Rob Friend on the executive team as they look forward to bringing a new level of football to Vancouver Island.

"Our goal is to bring a first class football experience to Vancouver Island and Brad's background and enthusiasm will support us in this venture," said Josh Simpson, president, Pacific FC. "He's a great fit to help bring our club into the community."

Norris Jones, who spent six seasons in management with the HarbourCats, will be responsible for managing the day-to-day operations of Pacific FC in the lead up to the 15-game season. Spring training begins in a month and completing the roster is the current business at hand.

The team has now signed seven players: Mark Village and

<https://westshorevoicenews.com/pacific-fc-brings-on-brad-norris-jones-as-executive-vp-operations/>

activity in assessing what the situation is in Esquimalt and making sure they are integrated into the whole strategy for South Island Division," said Dean. "They have already been meeting – we are intending to employ team-based care," she said. A government staff person has been put into the Esquimalt doctor's office (which is also a walk-in clinic) to help with assessment. WSV



Noah Verhoeven, as well as Alessandro Hojabpour, Matthew Baldisimo, Terran Campbell, Kadin Chung and Marcus Haber. Additional players and the team schedule will be announced in the coming weeks.

The inaugural Canadian Premier League season with seven teams across Canada starts toward the end of April. WSV

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New to Sooke? New mom? 250-642-2268